



Frequently Asked Questions

Q: How do I know if I am in the ALICE population which is one of NFKthrive’s eligibility requirement?

A: Please see the below income chart to see if your household annual income places you in the ALICE population:

NFK AMI Limits by household size	1	2	3	4	5	6	7	8	
Earnings ≥ 80% AMI (Family Sustaining Wage)	≥ \$55,450	≥ \$63,400	≥ \$71,300	≥ \$79,200	≥ \$85,550	≥ \$91,900	≥ \$98,250	≥ \$104,550	ALICE
Earnings = 50% - < 80% AMI	\$34,650 - \$55,449	\$39,600 - \$63,399	\$44,550 - \$71,299	\$49,500 - \$79,199	\$53,500- \$85,549	\$57,450- \$91,899	\$61,400- \$98,249	\$65,350- \$104,549	ALICE
Earnings > 30% - < 50% AMI	\$20,801- \$34,649	\$23,801- \$39,599	\$26,751- \$44,549	\$30,001- \$49,499	\$35,141- \$53,499	\$40,281- \$57,449	\$45,421- \$61,399	\$50,561- \$65,349	ALICE
Earnings ≤ 30% AMI	≤ \$20,800	≤ \$23,800	≤ \$26,750	≤ \$30,000	≤ \$35,140	≤ \$40,280	≤ \$45,420	≤ \$50,560	Low-income

Q: I need rent assistance for this month and next; can NFKthrive help?

A: NFKthrive is a long-term mentoring program and **not** an immediate financial assistance program. Individuals enrolled in the program may receive direct financial support with rent, mortgage, or utilities if it aligns with their goals, or if urgency occurs for them while in the program. To receive housing relief, individuals must actively be in the program and complete certain steps. These steps will be explained to you in detail at your first meeting by your mentor.

Q: I work 40-hours a week and need to be at home in the evenings with my kids, can I still participate in the program?

A: Absolutely! The NFKthrive Program is a commitment, but our intention is to provide a low-barrier, person-centered model. Our mentors provide support at times and locations that meet the needs of our participants. You and your mentor will work together on scheduling meetings and services that work best for you, whether that means meeting early in the morning, evening time, or on the weekends.

Q: How long is this program?

A: Time enrolled in the program is heavily dependent on your commitment to NFKthrive and may last up to 1 year. You can expect to meet with your mentor twice a month. NFKthrive is a community-based program, so meetings occur at agreed upon locations convenient for you (library,



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Starbucks, etc. near your home/work). Virtual meetings can occur for accommodation, or if there are schedule constraints on some weeks.

Q: I live in Norfolk, but my children attend a day-care and middle school in Chesapeake, am I still eligible?

A: Yes! Participant's children can be enrolled in any day care or K-12 school in Norfolk or outside of Norfolk. As long as you, the prospective participant, are a current resident of Norfolk, can verify your child(s) enrollment in school, and match our other eligibility requirements, you will be considered eligible.

Q: Am I automatically enrolled in NFKthrive once my application is submitted?

A: No. Once your application is submitted, you will hear from your mentor within 7 business days to set up a program introduction meeting. At this meeting, you will be provided with an overview of the program and discuss short-term and long-term goals. If it is determined that you have the motivation and readiness level NFKthrive requires, you will proceed with enrollment by completing an intake during your second meeting.

Q: I am facing an eviction, am I still eligible for NFKthrive?

A: At this time, you would not be eligible for NFKthrive. For NFKthrive, you must be safely and stably housed which we define as not living on the street, not living in an emergency shelter, and not facing an eviction. (<https://theplanningcouncil.org/homeless-solutions/housing-crisis-hotline/>) Please call the Regional Housing Crisis Hotline at 757-227-5932 and 2-1-1 for information on other resources for which you may be eligible. We encourage you to reconsider NFKthrive once you are safely and stably housed.

Q: What is the cost?

A: There is absolutely NO cost to you to apply, enroll and participate in NFKthrive.

Q: What is self-sufficiency and how do I know if I am self-sufficient?

A: Self-sufficiency is the ability for individuals or families to have sufficient and stable income to consistently meet their basic needs. The NFKthrive Program incorporates assessment tools to help determine your current level of self-sufficiency, where you want to be, and the steps you can take to get there. These assessment tools focus on the areas of family stability, well-being, financial management, and employment.