United Way Initiative Funded by the City of Norfolk

Frequently Asked Questions

Q: How do I know if I meet the income requirement for NFKthrive?

A: There is a **minimum** income requirement for NFKthrive, which varies by household size. Please review the chart below to see if your application meets, or is greater than, the income threshold. If your annual income is **less than** these amounts, your application will be screened as **ineligible**.

NFKthrive Annual Income by Household Size	1	2	3	4	5	6	7	8
Income Level	≥ $21,151	≥ $24,201	≥ $27,201	≥ $31,201	≥ $36,581	≥ $41,961	≥ $47,341	≥ $52,721

Q: I need rent assistance for this month and next; can NFKthrive help?

A: NFKthrive is a long-term, community-based mentoring program and **not an immediate financial assistance program.** Individuals enrolled in the program may receive direct financial support with rent, mortgage, or utilities if it aligns with their goals, or if urgency occurs for them while in the program. To receive housing relief, individuals must actively be in the program and complete certain steps. These steps will be explained to you in detail at your first meeting by your mentor.

Q: I applied and know I match NFKthrive eligibility. Am I considered enrolled?

A: No. You will receive an email about the next steps in your application. If it is screened as eligible, you will hear from a staff member for a further screening to confirm eligibility and program fit.

Q: I work 40 hours a week and need to be at home in the evenings with my family. Can I still participate in NFKthrive?

A: Absolutely! The NFKthrive Program is a commitment, but our intention is to provide a low-barrier, person-centered model. Our mentors provide support at times and locations that meet the needs of our participants. You and your mentor will work together on scheduling meetings and services that work best for you, whether that means meeting early in the morning, evening time, or on the weekends.

Q: How long is this program?

A: Time enrolled in the program is heavily dependent on your commitment and goals. You can expect to meet with your mentor twice a month for up to 12 months. Some mentees may be enrolled for a shorter or longer period based on their needs.

NFKthrive is a community-based program, so meetings occur at agreed upon locations convenient for you (library, Starbucks, etc. near your home/work). Virtual meetings can occur for accommodation, or if there are schedule constraints on some weeks.

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Q: I am living on the street or in an emergency shelter, am I eligible for NFKthrive?
A: At this time, you would **not** be eligible. For NFKthrive, you must be safely and stably housed, which we define as not living on the street, in an emergency shelter, or at risk of eviction. (https://theplanningcouncil.org/homeless-solutions/housing-crisis-hotline/)

Please call the Regional Housing Crisis Hotline at 757-227-5932 and 2-1-1 for information on other resources for which you may be eligible. We encourage you to reconsider NFKthrive once you are safely and stably housed.

Q: What is the cost?
A: There is absolutely **NO** cost to you to apply, enroll and participate in NFKthrive.

Q: What is self-sufficiency and how do I know if I am self-sufficient?
A: Self-sufficiency is the ability for individuals or families to have sufficient and stable income to consistently meet their basic needs. The NFKthrive Program incorporates assessment tools to help determine your current level of self-sufficiency, where you want to be, and the steps you can take to get there. These assessment tools focus on the areas of family stability, well-being, financial management, and employment.