

Independent Organizations:

Independent Organizations request the opportunity to be listed in your campaign materials and meet the criteria set for them by the Regional Advisory Committee. Independent organizations are not members of the United Way or Community Health Charities.

Chesapeake Public Schools Educational Foundation

Fosters community partnerships while supporting educational opportunities throughout Chesapeake Public Schools. Overhead 4% (757-842-4081)

Crisis Pregnancy Center of Tidewater, Inc.

Offers free support for women unprepared for pregnancy through a 24/7 hotline, pregnancy testing, ultrasounds, peer-advocacy, post-abortion recovery, parenting programs as well as emotional, spiritual and material support. Overhead 10% (757-410-9703)

Friends of the Norfolk Animal Care Center

Supports the sheltering of Norfolk's homeless animals by promoting adoptions, assisting with special medical care, supporting spay/neuter programs and educating the public about responsible pet ownership. Overhead 2% (757-664-6229)

Good News Jail & Prison Ministry

Provides chaplaincy/pastoral care, counseling, aftercare and human support services to inmates, inmate families, correctional staff and correctional staff families. No tax funding accepted. Overhead 16% (804-553-4090)

Graz'n Acres Therapeutic Riding Center

Provides therapeutic horseback riding programs and related equine assisted activities for children and adults with physical, intellectual, emotional and learning disabilities. Overhead 6% (757-653-9615)

LGBT Life Center:

Empowers the LGBTQ communities and individuals affected by HIV through improving health, wellness, and strengthening families and communities. Overhead 8% (757-640-0929)

Starbase Victory

Provides innovative learning experiences for all Portsmouth fourth, fifth and sixth graders, inspiring them to pursue courses and careers in Science, Technology, Engineering and Math. Overhead 21% (757-481-1370)

Virginia Beach Public Schools Education Foundation

Rewards educational excellence and funds innovative learning programs to benefit the whole child for students of the Virginia Beach City Public Schools. Overhead 5% (757-263-1069)

Young Life Chesapeake

Ministers to local teenagers and provides caring adult role models as well as positive and fun weekly activities and summer camps. Overhead 16% (757-774-8853)

Young Life Norfolk

Our human health and welfare organization develops and promotes positive lifestyle choices to youth in Norfolk's middle and senior high schools. Overhead 13% (757-391-4774)

2023 Regional Advisory Committee

Dr. Wanda Barnard-Bailey, Chair
City of Chesapeake

LaEunice Brown
Norfolk Public Schools

Michele R. Evins
City of Virginia Beach

Sonya Harrell
Portsmouth Public Schools

Dr. Susan Perry
City of Norfolk

Jason Pittman
City of Suffolk

Nai St. Andrews
City of Portsmouth

John F. Sutton III
Virginia Beach City Public Schools

Andrea Vail
Chesapeake Public Schools

Anthonette Ward
Suffolk Public Schools

How It Works

A Regional Advisory Committee (RAC), comprised of volunteer representatives from each participating municipality and school system, oversees the United Way and Combined Charities Campaign. United Way of South Hampton Roads is selected by the RAC as the Community Fundraising Organization (CFRO) to manage the campaign. The CFRO will receive undesignated donations to be distributed in a manner approved by the RAC.

About the Campaign

The United Way and Combined Charities Campaign is an effective and convenient way for you to support a wide range of local non-profit health and human service organizations. When you give to the United Way and Combined Charities Campaign, your gift combined with other contributors increases the impact on problems facing our community today. Together, we are providing solutions to families and individuals in need in South Hampton Roads.

Making a Contribution

The best way to help the most people is to mark Community Care Fund on your pledge card and allow your donation to be distributed to participating Combined Charities Campaign agencies based on community needs. If you wish to designate your pledge to a specific agency of your choice, please list the organization(s) and the amount(s) you wish to designate. Agency codes are no longer required.

You may also designate an approved write-in organization not listed in this brochure. All 501(c)(3) health and human service agencies in the Commonwealth of Virginia are eligible to receive write-in designations. If for any reason your designation cannot be processed, the CFRO will make every effort to contact you to enable you to re-direct your contribution. If we are unable to contact you, your designation will be re-directed to benefit Combined Charities Campaign community needs.

Note: Giving is an individual, informed and voluntary act. Contributions are kept confidential. Any actions implying a donation is required are not permitted. Please report any complaints to a RAC representative within your city or public school campaign. Additionally, your payroll contribution may be cancelled at any time by notifying your payroll office in writing.

THANK YOU FOR BUILDING A BRIGHTER FUTURE FOR OUR COMMUNITY

**United Way and
 Combined Charities Campaign**
 2515 Walmer Avenue
 Norfolk, VA 23513
 Phone: 757.853.8500
 Fax: 757.853.3900
 unitedwayshr.org

RECOGNITION LEVELS:

Leadership givers will be recognized at the following levels:

 **Tocqueville Society**
 \$10,000 and above

 **Beacon Society**
 \$2,500 - \$9,999

 **Navigator Society**
 \$1,000 - \$2,499

 **Keel Club**
 \$500 - \$999

LEADERSHIP SOCIETIES



TOCQUEVILLE SOCIETY

We are over 200 local leaders who believe when we work together, we can build a stronger community right here in South Hampton Roads. Tocqueville members give a minimum gift of **\$10,000 annually** with at least 50 percent of the gift directed to the Community Impact Fund.
www.unitedwayshr.org/ts



AFRICAN AMERICAN LEADERSHIP SOCIETY

We are a group of leaders who commit our time, energy and financial resources to building a stronger, more equitable community for all. AALS members give a minimum gift of **\$1,000 annually**. (Step-up program starts at \$600)
www.unitedwayshr.org/aals



WOMEN UNITED

We are a local network of philanthropic women who contribute both financial resources and physical energy to improve the lives of women and their families. Women United members give a minimum gift of **\$1,000 annually**.
www.unitedwayshr.org/womenunited



YOUNG PHILANTHROPISTS

We are the next generation of leaders motivated to make a difference by promoting philanthropy and volunteerism in the 757. YP members have a sliding scale of minimum gifts – **\$250 in your 20s and \$500 in your 30s**.
www.unitedwayshr.org/yp

The United Way of South Hampton Roads Foundation

If you'd like to remember your favorite charity in your will, United Way offers assistance with gift planning. Please contact Maura Krah at mkrah@unitedwayshr.org or call 757.853.8500 ext. 178.

About United Way and Combined Charities Campaign Agencies

The Regional Advisory Committee reviews and approves eligible charities to participate in the annual campaign. Each agency is screened for fiscal responsibility and promotion of local health and human services. Combined Charities Campaign expenses (13.54%) are shared proportionately by participating agencies based on their percentage of campaign contributions.

If you would like to receive more specific information about agencies in the campaign, contact United Way of South Hampton Roads by calling (757) 853-8500 x100, writing to 2515 Walmer Avenue, Norfolk, VA 23513-2604 or visiting the UWSHR website at www.unitedwayshr.org.

United Way of South Hampton Roads Certified Agencies

Agencies listed under United Way of South Hampton Roads are evaluated and certified by UW volunteers on the basis of program results and financial responsibility.

ACCESS College Foundation:
Provides the path to attend and complete college to students who may not have the opportunity.
Overhead 28% (757-962-6113)

An Achievable Dream
Develops independent, productive citizens through a social, academic and moral education.
Overhead 31% (757-599-9472)

Armed Services YMCA of Hampton Roads:
Strengthening our military family by providing unique programs designed to overcome the challenges associated with military service.
Overhead 21% (757-363-1884)

Arts for Learning:
Inspiring and engaging students IN and THROUGH the arts by providing educationally rich hands-on workshops and interactive performances that enhance academic achievement.
Overhead 15% (757-961-7541)

Big Brothers Big Sisters, Inc.:
Provides one-to-one mentoring relationships for military youth to ensure they can grow in confidence, build healthy lifestyles and achieve academic success.
Overhead 23% (804-261-4940)

Boys & Girls Clubs of Southeast Virginia:
Serves youth, especially those who need us most, with targeted programs to achieve academic success, healthy lifestyles, and good character and citizenship.
Overhead 9% (757-853-5632)

Boy Scouts of America Tidewater Council:
Offers neighborhood-based programming opportunities to help Southeastern Hampton Roads youth become responsible, participating citizens and leaders, guided by the Scout Oath and Law.
Overhead 9% (757-497-2688)

Catholic Charities of Eastern Virginia:
Provides compassionate, professional help for all through Health and Community Services, Counseling, Education, Adult and Senior Care, and Financial and Housing Counseling.
Overhead 8% (757-456-2366)

Chesapeake Care Clinic:
Provides medical, specialty, dental care, health education, and prescription medications to low-income, underserved residents.
Overhead 12% (757-545-5700)

The Children's Center:
Nurtures children and families with community childcare, early intervention for children with disabilities, and Early Head Start and Head Start for children in poverty.
Overhead 8% (757-562-6806)

Children's Health Investment Program (CHIP):
Helps parents lay the foundation for their children's future health, academic achievement, and workplace success through programs tailored to meet the needs of individual families.
Overhead 11% (757-543-9100)

Communities In Schools of Hampton Roads:
Working directly inside schools, building relationships that empower students to succeed inside and outside the classroom.
Overhead 9% (757-334-2315)

Edmarc Hospice for Children:
Provides family-centered care of children with a catastrophic illness: nursing, emotional support in child's own home, parent and sibling support, volunteers, and bereavement care.
Overhead 8% (757-967-9251)

Eggleston:
Provides life and work opportunities for people with disabilities.
Overhead 11% (757-690-8254)

Envision Lead Grow:
Launching the next generation of confident leaders who are defining their destiny through entrepreneurship.
Overhead 20% (757-321-1474)

EQUI-KIDS Therapeutic Riding Program:
Provides therapeutic horseback riding for children and adults with mental, physical, emotional or learning disabilities and military personnel wounded in the line of duty.
Overhead 48% (757-721-7350)

Foodbank of Southeastern Virginia:
Leads the effort to eliminate hunger in our community by distributing millions of meals per year through networks of partner agencies/program sites across Southeastern Virginia.
Overhead 9% (757-627-6599)

ForKids:
Houses families experiencing homelessness quickly and provides them with the ongoing supports needed to obtain and maintain stable housing and work toward self-sufficiency.
Overhead 10% (757-622-6400)

The Genieve Shelter:
Provides crisis and support services to victims of domestic violence, sexual assault, stalking, and human trafficking.
Overhead 8% (757-942-8732)

Girl Scouts of the Colonial Coast:
Provides leadership programs helping girls discover, connect and act as they develop strong values, a social conscience, and a deep sense of self and empowerment.
Overhead 11% (757-549-0641)

Girls on the Run Hampton Roads:
Teaching girls concrete strategies for leading joyful, healthy and confident lives through a 12-week, after-school curriculum.
Overhead 16% (757-965-9040)

Habitat for Humanity of South Hampton Roads
Builds affordable homes for low-income families.
Overhead 13% (757-837-0082)

Hampton Roads Community Action Program (HRCAP):
Serves young children, youth, adults, veterans, and seniors in the areas of education, employment, housing, financial empowerment, and emergency services.
Overhead 8% (757-247-0379)

Hampton Roads Community Health Center (HRCHC):
Charged with health empowerment for all people.
Overhead 22% (757-397-0042)

HER Shelter:
Supplies leadership, advocacy and resources for survivors of domestic violence, sexual assault and human trafficking.
Overhead 16% (757-485-1073)

Hope House Foundation:
Provides services to adults with intellectual and developmental disabilities exclusively in their own homes.
Overhead 15% (757-625-6161)

Horizons Hampton Roads:
Provides academic, cultural and recreational programming to improve academic success for students from low-income families.
Overhead 23% (757-412-0249)

Jewish Family Service of Tidewater:
Provides home health care and a continuum of social services to individuals and families regardless of race, religion or financial status.
Overhead 13% (757-321-2247)

Judeo-Christian Outreach Center:
Provides programs and services to try to make hunger and homelessness rare, brief, and non-recurring in the City of Virginia Beach.
Overhead 13% (757-491-2846)

LEE'S FRIENDS:
Offers free emotional and practical support to cancer patients and their families who are facing the crisis of diagnosis and treatment of cancer.
Overhead 28% (757-440-7501)

Legal Aid Society of Eastern Virginia:
Promotes fairness and justice by providing free legal assistance to low income people in Eastern Virginia.
Overhead 17% (757-627-5423)

Luter Family YMCA:
Offers programs which nurture the healthy development of children, encourage positive behavior in teens, strengthen families, and encourage and promote active older adults.
Overhead 13% (757-952-2255)

Meals on Wheels of Chesapeake:
Provides meals and proper nutrition to home-bound Chesapeake citizens who cannot meet this need on their own.
Overhead 11% (757-312-6548)

Mercy Medical Angels:
Provides transportation to medical care for those in financial need.
Overhead 9% (757-916-7059)

Mile High Kids and Community Development, Inc.:
Provides comprehensive child development services for children between the ages of 3 and 5 to the most vulnerable children and their families including children with special needs and disabilities in our region.
Overhead 12% (757-335-2121)

Neighborhood:
Equip unemployed and underemployed neighbors in South Norfolk Community for meaningful careers with sustainable living wages.
Overhead 4% (757-572-8575)

Norfolk Senior Center:
Offers services, activities, and information addressing the needs of older adults in South Hampton Roads.
Overhead 23% (757-625-5857)

PIN Ministry:
Outreach center to homeless to alleviate human suffering and create a pathway out of homelessness and poverty through total well-being and economic mobility.
Overhead 15% (757-962-3567)

Places & Programs for Children, Inc.:
Operates four NAEYC accredited and Virginia Quality rated early care and education centers; provides USDA Food Program, professional development, and Infant & Toddler Specialist programs.
Overhead 13% (757- 397-2981)

The Planning Council:
Develops human services to improve lives - ending homelessness, supporting the health of children and families, and insuring that research drives change.
Overhead 3% (757-622-9268)

REACH (Reading Enriches All Children):
Provides literacy support to homeless and at-risk children and their families through read aloud programs, book distributions, and literacy initiatives.
Overhead 5% (757-627-4722)

The Salvation Army, Hampton Roads Area Command:
Assists those in the most need within our community by providing intervention services, youth programming, hunger outreach, emergency shelter and residence housing.
Overhead 15% (757-543-8100)

The Salvation Army, Portsmouth:
Provides non-discriminative programs and services to help meet human needs in the Portsmouth Community.
Overhead 12% (757-543-8100)

The Salvation Army, Suffolk:
Provides programs and services to meet the spiritual, physical, and emotional needs of individuals and families in our community.
Overhead 5% (757-616-7154)

Samaritan House:
Provides our clients a way out of their violent situations by fostering safety and support, and ultimately self-sufficiency.
Overhead 13% (757-631-0710)

SEALKIDS:
Supports the children of Naval Special Warfare with academic testing, tutoring, therapy, advocacy, and enrichment to improve well-being and reduce family stress.
Overhead 33% (contact@sealkids.org)

Senior Services of Southeastern Virginia:
Develops and provides comprehensive, coordinated programs that assist seniors, their families, and caregivers.
Overhead 15% (757-461-9481)

Seton Youth Shelters:
Provides free shelter, counseling, and outreach services to runaway, homeless and at-risk youth.
Overhead 15% (757-963-5795)

Southside Boys & Girls Club:
Provides a place where youth can be themselves, make friends, discover new possibilities, and participate in a diverse range of innovative out-of-school programs.
Overhead 25% (757-545-5963)

St. Mary's Home:
Provides quality, specialized care in a loving environment to help children and adults with severe disabilities live full and happy lives with dignity.
Overhead 13% (757-446-6793)

Survivor Ventures:
Provide survivors of human trafficking with the resources and support needed to attain economic empowerment.
Overhead 1% (757-347-1638)

Teens with a Purpose:
Empowers young people to use their voice, creativity, reflection and action to transform lives through the arts and peer-led programs and events.
Overhead 6% (757-747-2679)

Together We Can Foundation:
Breaking the cycle of youth disconnection and minimum wage poverty for at-risk youth with adult transition and workforce development resources, planning, and skills training.
Overhead 18% (757-288-3231)

United Jewish Federation of Tidewater:
Provides programming for the Jewish and general community including daycare, preschool, recreation, cultural programs, overall health, physical fitness, leadership development and social service activities.
Overhead 17% (757-965-6133)

The UP Center:
Responds to emergent needs of children and families through programs including mental health counseling, prevention services, housing & financial counseling, mentoring and disability services.
Overhead 8% (757-354-3819)

Urban League of Hampton Roads:
Offers educational, employment, health, counseling, and housing direct services to enable individuals and families to become self-sustaining.
Overhead 43% (757-627-0864)

The Urban Renewal Center:
Awakening society to its promised wholeness through uniting the community for positive change. Building partnerships, facilitating educational opportunities, and developing strategies for social wholeness.
Overhead 7% (757-271-9237)

Virginia Beach Community Development Corporation (VBCDC):
Offers affordable housing opportunities and supportive services to low-to-moderate income families/individuals; support services and direct financial assistance to very low-income veterans and veteran families.
Overhead 6% (757-500-2750)

Virginia Beach Court Appointed Special Advocate Program, Inc.
Recruits, trains, and supports dedicated citizen volunteers who are appointed by family law judges to advocate for the best interests of abused and neglected children in our community.
Overhead 8% (757-385-5616)

Virginia Legal Aid Society:
Provides free civil legal services to eligible low-income residents in such areas as housing, healthcare, income and benefits, family issues, consumer and education.
Overhead 15% (434-455-3099)

Virginia Supportive Housing:
Provides permanent supportive housing and supportive services for homeless single adults. Of those we serve, 97% do not return to homelessness.
Overhead 12% (804-788-6827)

Western Tidewater Free Clinic:
Serves as a health home for our patients, delivering comprehensive, compassionate health care, strengthening our community, and healing broken lives one person at a time.
Overhead 5% (757-923-1060)

WHRO:
Improves the civic, educational and cultural life of the Hampton Roads community through broadcast, communications, and media services.
Overhead 27% (757-889-9400)

YMCA of South Hampton Roads:
Serves as an inclusive organization, joined together by a shared commitment of: nurturing the potential of kids, promoting healthy living, fostering social responsibility.
Overhead 14% (757-624-9622)

YWCA South Hampton Roads:
Serves on a mission to eliminate racism, empower women, stand up for social justice, help families, and strengthen communities.
Overhead 73% (757-625-4248)

Creating Healthier Communities:

Those listed under Creating Healthier Communities of Virginia are an affiliation of charities that work together to address the barriers to good health and equity and create resilient communities where everyone has the opportunity to thrive.
Overhead 6% (571-429-3990)

Alzheimer's Association, Southeastern Virginia Chapter
The leading voluntary health organization in Alzheimer's care and support and the largest private, nonprofit funder of Alzheimer's research.
Overhead 20% (800-272-3900)

American Council of the Blind
Providing support to the blind and visually impaired who want to achieve independence and equality.
Overhead 19% (612-332-3242)

American Heart Association, Mid-Atlantic Affiliate
Working to build healthier lives free of cardiovascular diseases and stroke through research, public, patient, and professional education, training, advocacy, and community services.
Overhead 19% (804-747-8334)

American Lung Association, Southeastern Virginia Area
Our mission is to save lives by improving lung health and preventing lung disease through programs, research, education and advocacy.
Overhead 11% (804-302-5740)

Arc of Virginia
A statewide organization providing advocacy and support for Virginians with intellectual and developmental disabilities and their families.
Overhead 12% (757-424-6662)

Brain Injury Association of Virginia
The mission of BIAV is to be the voice of brain injury through help, hope and healing.
Overhead 9% (804-355-5748)

Epilepsy Foundation of Virginia
This statewide affiliate provides training to Virginia professionals about seizures, patient services such as medication assistance and public education to dispel the myths surrounding epilepsy.
Overhead 2% (757-625-6565)

Leukemia & Lymphoma Society, Virginia Chapter
The mission is to cure, leukemia, lymphoma, Hodgkin's disease and myeloma, and improve the quality of life for patients and their families.
Overhead 7% (757-459-4670)

Mental Health America
Founded in 1909, the nation's leading community-based nonprofit dedicated to helping all Americans achieve wellness by living mentally healthier lives.
Overhead 11% (757-668-7070)

NAMI of Coastal Virginia
Volunteers provide support and guidance to persons with mental illness and their families through weekly support groups, newsletters, public education, anti-stigma efforts and research funding.
Overhead 8% (757-499-2041)

National Kidney Foundation
We are the largest, most effective and longstanding organization fighting kidney disease, a growing public health problem affecting 1 in 3 Americans and their families.
Overhead 11% (804-288-8342)

Ronald McDonald House
Provides a home away from home for families with children facing medical challenges.
Overhead 13% (757-627-5386)

St. Jude Children's Research Hospital
Researches and treats childhood cancer and other life-threatening diseases. Families are never billed by St. Jude for treatment, travel, housing or food. Discoveries freely shared worldwide.
Overhead 18% (757-687-1200)

Virginia Hemophilia Foundation
Provides various educational and support services through printed materials, seminars, scholarships, camperships, family emergency assistance, newsletters and annual meetings presenting current bleeding disorder information.
Overhead 15% (804-740-8643)

ZERO - The End of Prostate Cancer
Working to provide lifesaving information and support, connect with others in the prostate cancer community, and take action to ZERO out prostate cancer.
Overhead 11% (202-463-9455)