

Independent Organizations:

Independent Organizations request the opportunity to be listed in your campaign materials and meet the criteria set for them by the Regional Advisory Committee. Independent organizations are not members of the United Way or Community Health Charities.

Chesapeake Public Schools Educational Foundation:
Committed to creating innovative educational programs that support the goals of the Chesapeake Public Schools and provide differentiated learning opportunities for all Chesapeake students.
Overhead 3% (757-842-4081)

Crisis Pregnancy Center of Tidewater, Inc.:
Free support for women unprepared for pregnancy: 24-hour helpline, pregnancy tests, ultrasounds, peer advocacy, post-abortive recovery, parenting program, and emotional, spiritual and material support.
Overhead 20% (757-410-9703)

Friends of the Norfolk Animal Care Center:
Volunteer programs to reduce the number of homeless animals through adoptions, medical assistance, fostering, senior pet promotions, spay/neuter clinics and pet pantry services.
Overhead 4% (757-441-5505)

Good News Jail & Prison Ministry:
Every day we provide chaplaincy/pastoral care, counseling, aftercare, and human support services to inmates, inmate families, correctional staff/families. No tax funding accepted.
Overhead 14% (804-553-4090)

Graz'n Acres Therapeutic Riding Center:
Provides therapeutic horseback riding programs, driving, at-risk programs and related equine assisted activities for children and adults with physical, intellectual, emotional and learning disabilities.
Overhead 9% (757-653-9615)

Life Enrichment Center of Norfolk, Inc.:
Provides literacy tutoring and other life-giving initiatives for elementary students from Title I schools in Hampton Roads.
Overhead 23% (757-623-6001)

Norfolk Young Life:
Our human health and welfare organization develops and promotes positive lifestyle choices to youth in Norfolk's middle and senior high schools.
Overhead 8% (757-391-4774)

Portsmouth Schools Foundation:
Gives grants to fund Innovative Educational Programs. Sponsors programs to promote Career and Technical Education, provides scholarships and serves as liaison between schools and community.
Overhead 10% (757-393-5356)

St. Columba Ecumenical Ministries:
Provides emergency financial assistance, food, clothing, light breakfasts, lunches, showers, clothes, laundry and advocacy for homeless and low-income individuals and families.
Overhead 17% (757-627-6748)

Tidewater Youth Services Foundation:
Prepares at-risk and court-involved youth for productive adult lives by improving academic skills, teaching life and social skills, and fostering involvement in positive activities.
Overhead 13% (757-488-9161)

Virginia Beach Court Appointed Special Advocates (CASA):
Virginia Beach CASA recruits, trains and supervises volunteers who advocate in court for child victims of abuse and neglect. CASA focuses on safe permanent homes.
Overhead 7% (757-385-5616)

Virginia Beach Public Schools Education Foundation:
Rewarding excellence and funding innovative, creative education programs to benefit students, teachers and staff of the Virginia Beach City Public Schools.
Overhead 3% (757-263-1069)

Virginia League for Planned Parenthood:
Provides high-quality, affordable reproductive and primary health care services, provides research-based sexuality education programming and conducts issue education about reproductive rights.
Overhead 8% (804-482-6136)

Young Life Chesapeake:
An outreach ministry to local teenagers that provides caring adult role models as well as positive and fun weekly activities and summer camps.
Overhead 11% (757-774-8853)

2018 Regional Advisory Committee

Lt. W. Scott Humphrey, Chair
Virginia Beach Police Department

John F. Sutton III
Virginia Beach City Public Schools

Dr. Wanda Barnard-Bailey
City of Chesapeake

TBD
Chesapeake Public Schools

Tom Cupitt
Chesapeake Public Schools
(Retired)

Susan Perry, Ph.D.
City of Norfolk

Karen Rose-Tanner
Norfolk Public Schools

TBD
City of Portsmouth

Crystal Satchell
Portsmouth Public Schools

Jason Pittman
City of Suffolk

Bethanne Bradshaw
Suffolk Public Schools

How It Works

A Regional Advisory Committee (RAC), comprised of volunteer representatives from each participating municipality and school system, oversees the United Way and Combined Charities Campaign. United Way of South Hampton Roads is selected by the RAC as the Community Fundraising Organization (CFRO) to manage the campaign. The CFRO will receive undesignated donations to be distributed in a manner approved by the RAC.

About the Campaign

The United Way and Combined Charities Campaign is an effective and convenient way for you to support a wide range of local non-profit health and human welfare service organizations. When you give to the United Way and Combined Charities Campaign, your gift combined with other contributors increases the impact on problems facing our community today. Together, we are providing solutions to families and individuals in need in South Hampton Roads.

Making a Contribution

The best way to help the most people is to mark Community Care Fund on your pledge card and allow your donation to be distributed to participating Combined Charities Campaign agencies based on community needs. If you wish to designate your pledge to a specific agency of your choice, please list the organization(s) and the amount(s) you wish to designate. Agency codes are no longer required.


You may also designate an approved write-in organization not listed in this brochure. All 501(c)(3) health and human welfare service agencies in the Commonwealth of Virginia are eligible to receive write-in designations. If for any reason your designation cannot be processed, the CFRO will make every effort to contact you to enable you to re-direct your contribution. If we are unable to contact you, your designation will be re-directed to benefit Combined Charities Campaign community needs.

Note: Giving is an individual, informed and voluntary act. Contributions are kept confidential. Any actions implying a donation is required are not permitted. Please report any complaints to a RAC representative within your city or public school campaign. Additionally, your payroll contribution may be cancelled at any time by notifying your payroll office in writing.

RECOGNITION LEVELS:

Please consider a gift at a leadership level below:

 **Tocqueville Society**
\$10,000 and above

 **Beacon Society**
\$2,500 - \$9,999

 **Navigator Society**
\$1,000 - \$2,499

 **Keel Club**
\$500 - \$999

LEADERSHIP SOCIETIES



TOCQUEVILLE SOCIETY

We are over 200 local leaders who believe when we work together, we can build a stronger community right here in South Hampton Roads. Tocqueville members give a minimum gift of \$10,000 annually with at least 50% of the gift directed for the community impact fund.
www.unitedwayshr.org/ts



AFRICAN AMERICAN LEADERSHIP SOCIETY

We are a group of leaders who commit our time, energy, and financial resources to building a stronger community. AALS members give a minimum gift of \$1,000 annually. (Step-up program starts at \$600)
www.unitedwayshr.org/aals



WOMEN UNITED

We are a local network of philanthropic women who contribute both financial resources and physical energy to improve the lives of women and their families. Women United members give a minimum gift of \$1,000 annually.
www.unitedwayshr.org/womenunited



YOUNG PHILANTHROPISTS

We are the next generation of community leaders in South Hampton Roads. We are a growing group of over 600 members in their 20s, 30s, and 40s who unite like-minded individuals and promote a spirit of philanthropy and volunteerism in our community. YP members have a sliding scale of minimum gifts - \$250 in your 20s | \$500 in your 30s | \$1,000 in your 40s.
www.unitedwayshr.org/yp

The United Way Foundation of South Hampton Roads

If you'd like to remember your favorite charity in your will, United Way offers assistance with gift planning. Please contact Cindee Riordan, Major Gifts Officer at criordan@unitedwayshr.org or call 757.853.8500 ext. 146.

About United Way and Combined Charities Campaign Agencies

The Regional Advisory Committee reviews and approves eligible charities to participate in the annual campaign. Each agency is screened for fiscal responsibility and promotion of local health and human welfare services. Combined Charities Campaign expenses (13.67%) are shared proportionately by participating agencies based on their percentage of campaign contributions.

If you would like to receive more specific information about agencies in the campaign, contact United Way of South Hampton Roads by calling (757) 853-8500 x100, writing to 2515 Walmer Avenue, Norfolk, VA 23513-2604 or visiting the UWSHR website at www.unitedwayshr.org.

THANK YOU FOR HELPING US CHANGE THE ODDS

United Way and Combined Charities Campaign
2515 Walmer Avenue
Norfolk, VA 23513-2604
Phone: 757.853.8500
Fax: 757.853.3900
unitedwayshr.org

Need Assistance?

To receive assistance from a certified agency or other local program, please call the Information & Referral Services line at 2-1-1 from any phone.



United Way of South Hampton Roads Certified Agencies

Agencies listed under United Way of South Hampton Roads are evaluated and certified by UW volunteers on the basis of program results and financial responsibility.

Ability Center of Virginia:
 Supports the needs of individuals with disabilities with an emphasis on inclusion, independence, social skills and positive relationships between people with and without disabilities. Overhead 13% (757-497-7474)

ACCESS College Foundation:
 Provides the path to attend and complete college to students who may not have the opportunity. Overhead 23% (757-962-6113)

American Cancer Society:
 Dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer through research, education, advocacy, and service. Overhead 27% (800-227-2345)

American Heart Association:
 Working to build healthier lives free of cardiovascular diseases and stroke through research, public, patient and professional education, training, advocacy and community services. Overhead 25% (804-747-8334)

An Achievable Dream:
 Provides a challenging, disciplined environment to teach core human values while enabling each child to develop their own achievable dream leading to success in life. Overhead 34% (757-599-9472)

Armed Services YMCA of Hampton Roads:
 Strengthening our military family by providing unique programs designed to overcome the challenges associated with military service. Overhead 12% (757-363-1884)

Beach Health Clinic:
 Provides quality medical and dental care to the uninsured residents of Virginia Beach who earn below 200% Federal Poverty Level. Overhead 4% (757-428-5601)

Boys & Girls Clubs of Southeast Virginia:
 Serves youth--especially those who need us most--with high-yield activities and targeted programs to achieve academic success, healthy lifestyles, and good character and citizenship. Overhead 17% (757-853-5632)

Catholic Charities of Eastern Virginia:
 Provides compassionate, professional help for all through Health and Community Services, Counseling, Education, Adult and Senior Care, and Financial and Housing Counseling. Overhead 11% (757-456-2366)

Chesapeake Care Clinic:
 Provides medical, specialty, dental care, health education, and prescription medications to low-income, underserved residents in South Hampton Roads. Overhead 4% (757-545-5700)

Children's Harbor:
 Operates four NAEYC accredited and Virginia Quality rated early care and education centers; provides USDA Food Program, professional development, and Infant & Toddler Specialist programs. Overhead 14% (757-397-2981)

Children's Health Investment Program (CHIP):
 Helps parents lay the foundation for their children's future health, academic achievement, and workplace success through programs tailored to meet the needs of individual families. Overhead 14% (757-543-9100)

Edmarc:
 Provides family-centered care of children with a catastrophic illness: nursing, emotional support in child's own home, parent and sibling support, volunteers, and bereavement care. Overhead 8% (757-967-9251)

Eggleston:
 Provides life and work opportunities for people with disabilities. Overhead 9% (757-858-8011)

EQUI-KIDS Therapeutic Riding Program:
 Provides therapeutic horseback riding for children and adults with mental, physical, emotional or learning disabilities and military personnel wounded in the line of duty. Overhead 23% (757-721-7350)

Foodbank of Southeastern Virginia:
 Leads the effort to eliminate hunger in our community by distributing millions of meals per year through networks of partner agencies/program sites across Southeastern Virginia. Overhead 6% (757-627-6599)

ForKids:
 Houses families experiencing homelessness quickly and provides them with the ongoing supports needed to obtain and maintain stable housing and work toward self-sufficiency. Overhead 13% (757-622-6400)

Friends of the Portsmouth Juvenile Court:
 Working to keep Portsmouth children safe and families together. Overhead 6% (757-397-2799)

Girl Scout Council of the Colonial Coast:
 Provides leadership programs helping girls discover, connect and act as they develop strong values, a social conscience, and a deep sense of self and empowerment. Overhead 17% (757-547-4405)

Girls on the Run Hampton Roads:
 Teaching girls concrete strategies for leading joyful, healthy and confident lives, we promote life-long health and wellness through a 12-week, after-school curriculum. Overhead 21% (757-965-9040)

Goodwill of Central and Coastal Virginia:
 Provides workforce solutions for jobseekers facing challenges to work and employers needing a skilled workforce. Overhead 9% (804-745-6300)

Hampton Roads Community Action Program (HRCAP):
 Serves young children, youth, adults, veterans, and seniors in the areas of education, employment, housing, financial empowerment, and emergency services. Overhead 9% (757-247-0379)

Hampton Roads Community Health Center (HRCHC):
 Charged with health empowerment for all people. Overhead 25% (757-393-6363)

HER Shelter:
 Supplies leadership, advocacy and resources for survivors of domestic violence, sexual assault and human trafficking. Overhead 21% (757-485-1445)

Hope House Foundation:
 Provides services to adults with intellectual and developmental disabilities exclusively in their own homes. Overhead 12% (757-625-6161)

Horizons Hampton Roads:
 Provides low-income students with high-quality programs, outside of the traditional school year, to support academic achievement and healthy youth development. Overhead 13% (757-412-0249)

Ida Barbour Early Learning Center:
 Enhances children and their families by providing care in a safe, nurturing, and highly enriching environment. Overhead 16% (757-397-3097)

Isle of Wight Christian Outreach Program:
 With the Department of Social Services and other non-profits, COP gives hope, help and guidance to the less fortunate through our goods and services programs. Overhead 12% (757-356-9267)

Jewish Family Service of Tidewater:
 Provides home health care and a continuum of social services to individuals and families regardless of race, religion or financial status. Overhead 11% (757-321-2222)

Judeo Christian Outreach Center:
 Provides crisis and support services to try to make hunger and homelessness rare, brief, and non-recurring in the City of Virginia Beach. Overhead 11% (757-491-2846)

LEE'S FRIENDS:
 Offers free emotional and practical support to cancer patients and their families who are facing the crisis of diagnosis and treatment of cancer. Overhead 23% (757-440-7501)

Legal Aid Society of Eastern Virginia:
 Promotes fairness and justice by providing free legal assistance to low income people in Easter Virginia. Overhead 10% (757-627-5423)

LGBT Life Center:
 Provides social and support services to the LGBT community & individuals and families impacted by HIV/AIDS. Overhead 8% (757-640-0929)

Luter Family YMCA:
 Offers programs which nurture the healthy development of children, encourage positive behavior in teens, strengthen families, and encourage and promote active older adults. Overhead 13% (757-365-4060)

Meals on Wheels of Portsmouth:
 Provides meals and proper nutrition to home-bound Portsmouth citizens who cannot meet this need on their own. Overhead 8% (757-673-5025)

Primeplus:
 Offers services, activities, and information addressing the needs of older adults in South Hampton Roads. Overhead 15% (757-625-5857)

REACH (Reading Enriches All Children):
 Provides literacy support to homeless and at-risk children and their families through read aloud programs, book distributions, and literacy initiatives. Overhead 7% (757-627-4722)

Samaritan House:
 Provides our clients a way out of their violent situations by fostering safety and support, and ultimately self-sufficiency. Overhead 11% (757-631-0710)

Senior Services:
 Develops and provides comprehensive, coordinated programs that assist seniors, their families, and caregivers. Overhead 15% (757-461-9481)

Seton Youth Shelters:
 Provides free shelter, counseling, and outreach services to runaway, homeless and at-risk youth. Overhead 14% (757-963-5795)

Southside Boys & Girls Club:
 Provides a place where youth can be themselves, make friends, discover new possibilities, and participate in a diverse range of innovative out-of-school programs. Overhead 17% (757-545-5963)

St. Mary's Home:
 Provides quality, specialized care in a loving environment to help children and adults with severe disabilities live full and happy lives with dignity. Overhead 17% (757-622-2208)

The Children's Center:
 Nurtures children and families with community childcare, early intervention for children with disabilities, and Early Head Start and Head Start for children in poverty. Overhead 12% (757-562-6806)

The Genieve Shelter:
 Provides crisis and support services to victims of domestic violence, sexual assault, stalking, and human trafficking. Overhead 14% (757-925-4365)

The Planning Council:
 Develops human services to improve lives - ending homelessness, supporting the health and safety of children and families, and insuring that research drives change. Overhead 1% (757-622-9268)

The Salvation Army, Hampton Roads Area Command:
 Assists those in the most need within our community by providing intervention services, youth programming, hunger outreach, emergency shelter and residence housing. Overhead 17% (757-543-8100)

The Salvation Army, Portsmouth:
 Provides non-discriminative programs and services to help meet human needs in the Portsmouth Community. Overhead 14% (757-393-2519)

The Salvation Army, Suffolk:
 Provides programs and services to meet the spiritual, physical, and emotional needs of individuals and families in our community. Overhead 9% (757-539-5201)

The UP Center:
 Responds to emergent needs of children and families through programs including mental health counseling, prevention services, housing & financial counseling, mentoring and disability services. Overhead 7% (757-354-3819)

Tidewater Council, Boy Scouts of America:
 Offers neighborhood-based programming opportunities to help Southeastern Hampton Roads youth become responsible, participating citizens and leaders, guided by the Scout Oath and Law. Overhead 14% (757-497-2688)

United Jewish Federation of Tidewater:
 Provides programming for the Jewish and general community including daycare, preschool, recreation, cultural programs, overall health, physical fitness, leadership development and social service activities. Overhead 25% (757-965-6100)

Urban League of Hampton Roads:
 Offers educational, employment, health, counseling, and housing direct services to enable individuals and families to become self-sustaining. Overhead 15% (757-627-0864)

USO of Hampton Roads and Central Virginia:
 Serves military members and their families in Quality of Life Enhancement, Resiliency, Family Outreach, Warrior/ Family Care Support, Families of the Fallen, and Transition Assistance. Overhead 9% (757-337-4447)

Virginia Beach Community Development Corporation (VBCDC):
 Offers affordable housing opportunities and supportive services to low-to-moderate income families/individuals; support services and direct financial assistance to very low-income veterans and veteran families. Overhead 7% (757-463-9516)

Virginia Supportive Housing:
 Provides permanent supportive housing and supportive services for homeless single adults. Of those we serve, 97% do not return to homelessness. Overhead 16% (804-788-6825)

VOLUNTEER Hampton Roads:
 Connects businesses with opportunities to create positive impact; equips nonprofits with resources needed to achieve their mission; mobilizes a community of volunteers to create change. Overhead 13% (757-624-2400)

Western Tidewater Free Clinic:
 Serves as a health home for our patients, delivering comprehensive, compassionate health care, strengthening our community, and healing broken lives one person at a time. Overhead 4% (757-923-1060)

WHRO:
 Improves the civic, educational and cultural life of the Hampton Roads community through broadcast, communications, and media services. Overhead 25% (757-889-9400)

YMCA of South Hampton Roads:
 Serves as an inclusive organization, joined together by a shared commitment of: nurturing the potential of kids, promoting healthy living, fostering social responsibility. Overhead 11% (757-962-5555)

Young Audiences of Virginia (YAV):
 Inspiring and engaging students IN and THROUGH the arts by providing educationally rich hands-on workshops and interactive performances that enhance academic achievement. Overhead 16% (757-466-7555)

YWCA South Hampton Roads:
 Serves on a mission to eliminate racism, empower women, stand up for social justice, help families, and strengthen communities. Overhead 11% (757-625-4248)

Community Health Charities of Virginia:

Those listed under Community Health Charities of Virginia are an affiliation of charities that collectively campaign together. Building stronger communities and empowering people to take action to improve health and wellbeing through giving opportunities, causes, volunteering, and health resources. Overhead 5%

ALS Association:
 Improve quality of life for people living with ALS, commonly known as Lou Gehrig's disease, and their families, by providing free services. Overhead 10% (757-965-8500)

Alzheimer's Association, Virginia, Southeastern Virginia Chapter:
 The leading voluntary health organization in Alzheimer's care and support and the largest private, nonprofit funder of Alzheimer's research. Overhead 13% (757-497-2202)

American Cancer Society, Virginia, Southeast Region, Richmond-Virginia Beach:
 We are accelerating progress against cancer in every community by saving lives, helping those touched by cancer, and empowering people to fight back against cancer. Overhead 14% (804-649-8481)

American Diabetes Association, Virginia:
 Committed to finding a cure for diabetes, improving care and providing information and support to help Stop Diabetes® through research, community programs and advocacy. Overhead 11% (800-654-0845)

American Lung Association in Virginia:
 Serving the State of Virginia, our mission is to save lives by improving lung health and preventing lung disease through programs, research, education, advocacy. Overhead 13% (804-285-2961)

Angioma Alliance:
 To inform, support and empower individuals affected by cavernous Angioma and drive research for better treatments and a cure. Overhead 19% (757-497-7474)

Arc of Virginia, The:
 A statewide organization providing advocacy and support for Virginians with intellectual and developmental disabilities and their families. Overhead 6% (757-424-6662)

Brain Injury Association of Virginia:
 The mission of BIAV is to be the voice of brain injury through help, hope and healing. Overhead 14% (800-662-7119)

Conexus:
 Through vision screenings and education, our goal is to eliminate vision problems as barriers to success so every child can reach their fullest potential. Overhead 12% (804-740-8643)

Cystic Fibrosis Foundation, Virginia Chapter:
 The mission of the Cystic Fibrosis Foundation is to cure cystic fibrosis and provide all people with CF the opportunity to lead full, productive lives. Overhead 17% (757-459-2405)

Easter Seals UCP, North Carolina & Virginia:
 Provides a lifelong partner to children and adults managing disabilities and mental health challenges through respite services, supportive employment and early intervention. Overhead 12% (804-302-5740)

Eastern Virginia Medical School Foundation:
 Supports training medical doctors and other health professionals, medical research including cancer and diabetes, and patient care at EVMS. Overhead 4% (757-459-4670)

Epilepsy Foundation of Virginia:
 This statewide affiliate provides training to Virginia professionals about seizures, patient services such as medication assistance, and public education to dispel the myths surrounding epilepsy. Overhead 1% (757-490-7794)

JDRF International, Hampton Roads Chapter:
 The leading global organization funding type 1 diabetes (T1D) research. Our mission is to cure, prevent and treat T1D and its complications. Overhead 5% (800-227-2345)

Leukemia & Lymphoma Society, Virginia Chapter:
 The mission is to cure, leukemia, lymphoma, Hodgkin's disease and myeloma and improve the quality of life for patients and their families. Overhead 13% (804-355-5748)

March of Dimes Foundation, Greater Hampton Roads Division:
 Donations are used to fund research, educational programs, community services and advocacy efforts focused on giving every child a fighting chance at a healthy start. Overhead 19% (804-527-1500)

Mental Health America of Virginia:
 MHAV fights stigma, provides public education, advocacy, peer support and recovery education services for Virginians in recovery from mental health challenges, addition or trauma. Overhead 19% (866-432-5226)

Muscular Dystrophy Association, Southeast Division:
 Fighting neuromuscular diseases through worldwide research; providing comprehensive healthcare services and support to MDA families nationwide; and rallying communities through advocacy, fundraising and local engagement. Overhead 8% (757-361-0000)

NAMI (National Alliance on Mental Illness):
 Volunteers provide support and general guidance to persons with mental illness and their families through weekly support groups, newsletters, public education, anti-stigma efforts and research funding. Overhead 19% (800-344-4867)

National Kidney Foundation Serving Virginia:
 We are the largest, most effective and longstanding organization fighting kidney disease, a growing public health problem affecting 1 in 3 Americans and their families. Overhead 19% (804-257-5591)

National Multiple Sclerosis Society, Virginia-West Virginia Chapter:
 People affected by MS can live their best lives as we stop MS in its tracks, restore what has been lost and end MS forever. Overhead 19% (757-499-2041)

Ronald McDonald House Charities of Norfolk:
 Provides a home away from home for families with children facing medical challenges. Overhead 20% (804-288-8342)

St. Jude Children's Research Hospital (serving Southern Virginia):
 Researches and treats childhood cancer and other life-threatening diseases. Families are never billed by St. Jude for treatment, travel, housing or food. Discoveries freely shared worldwide. Overhead 21% (757-627-5386)

Susan G. Komen for the Cure, Tidewater Affiliate:
 Imagine life without breast cancer. We can make it a reality by racing for the cure and funding life-saving research and community health programs. Overhead 13% (804-836-1750)

Virginia Hemophilia Foundation:
 Provides various educational and support services through printed materials, seminars, scholarships, camperships, family emergency assistance, newsletters and annual meetings presenting current bleeding disorder information. Overhead 13% (757-687-1200)