

## Independent Organizations:

Independent Organizations request the opportunity to be listed in your campaign materials and meet the criteria set for them by the Regional Advisory Committee. Independent organizations are not members of the United Way or Community Health Charities.

**Chesapeake Public Schools Educational Foundation**  
 Fosters community partnerships while supporting educational opportunities throughout Chesapeake Public Schools. Overhead 3% (757-842-4081)

**Crisis Pregnancy Center of Tidewater, Inc.**  
 Offers free support for women unprepared for pregnancy including the 24-hour helpline, pregnancy tests, ultrasounds, peer advocacy, post-abortive recovery, parenting program and emotional, spiritual and material support. Overhead 19% (757-410-9703)

**Friends of the Norfolk Animal Care Center**  
 Supports the sheltering of Norfolk's homeless animals by promoting adoptions, assisting with special medical care, supporting spay/neuter and educating the public about responsible pet ownership. Overhead 6% (757-441-5503)

**Good News Jail & Prison Ministry**  
 Provides chaplaincy/pastoral care, counseling, aftercare and human support services to inmates, inmate families, correctional staff/families. No tax funding accepted. Overhead 13% (804-554-4090)

**Graz'n Acres Therapeutic Riding Center**  
 Provides therapeutic horseback riding programs, driving, at-risk programs and related equine assisted activities for children and adults with physical, intellectual, emotional and learning disabilities. Overhead 3% (757-653-9615)

**Norfolk Young Life**  
 Our human health and welfare organization develops and promotes positive lifestyle choices to youth in Norfolk's middle and senior high schools. Overhead 12% (757-235-4435)

**Portsmouth Schools Foundation**  
 Provides funding for innovative programs, scholarships and school supplies. Sponsors programs to promote college, career and technical education. Serves as liaison between schools and community. Overhead 18% (757-393-5356)

**Starbase Victory**  
 Provides innovative learning experiences for all Portsmouth fourth, fifth and sixth graders, inspiring them to pursue courses and careers in Science, Technology, Engineering and Math. Overhead 16% (757-343-3598)

**Virginia Beach Court Appointed Special Advocates (CASA)**  
 Recruits, trains and supervises volunteers who advocate in court for child victims of abuse and neglect. CASA focuses on safe and permanent homes. Overhead 6% (757-385-5616)

**Virginia Beach Public Schools Education Foundation**  
 Rewards educational excellence and funds innovative learning programs to benefit the whole child for students of the Virginia Beach City Public Schools. Overhead 3% (757-263-1069)

**Virginia League for Planned Parenthood**  
 Provides high-quality, affordable reproductive and primary health care services, sex education programming and community advocacy. Overhead 7% (757-499-7526)

**Young Life Chesapeake**  
 Provides caring adult role models as well as positive, fun weekly activities and summer camps to local teenagers. Overhead 12% (757-774-8853)

## 2020 Regional Advisory Committee

**Dr. Wanda Barnard-Bailey**, Chair  
 City of Chesapeake

**Andrea Vail**  
 Chesapeake Public Schools

**Dr. Susan Perry**  
 City of Norfolk

**Karen Rose-Tanner**  
 Norfolk Public Schools

**Todd Elliott**  
 City of Portsmouth

**Sonya Harrell**  
 Portsmouth Public Schools

**Jason Pittman**  
 City of Suffolk

**Anthonette Ward**  
 Suffolk Public Schools

**TBD**  
 City of Virginia Beach

**John F. Sutton III**  
 Virginia Beach City Public Schools

## How It Works

A Regional Advisory Committee (RAC), comprised of volunteer representatives from each participating municipality and school system, oversees the United Way and Combined Charities Campaign. United Way of South Hampton Roads is selected by the RAC as the Community Fundraising Organization (CFRO) to manage the campaign. The CFRO will receive undesignated donations to be distributed in a manner approved by the RAC.

## About the Campaign

The United Way and Combined Charities Campaign is an effective and convenient way for you to support a wide range of local non-profit health and human service organizations. When you give to the United Way and Combined Charities Campaign, your gift combined with other contributors increases the impact on problems facing our community today. Together, we are providing solutions to families and individuals in need in South Hampton Roads.

## Making a Contribution

The best way to help the most people is to mark Community Care Fund on your pledge card and allow your donation to be distributed to participating Combined Charities Campaign agencies based on community needs. If you wish to designate your pledge to a specific agency of your choice, please list the organization(s) and the amount(s) you wish to designate. Agency codes are no longer required.

You may also designate an approved write-in organization not listed in this brochure. All 501(c)(3) health and human service agencies in the Commonwealth of Virginia are eligible to receive write-in designations. If for any reason your designation cannot be processed, the CFRO will make every effort to contact you to enable you to re-direct your contribution. If we are unable to contact you, your designation will be re-directed to benefit Combined Charities Campaign community needs.

Note: Giving is an individual, informed and voluntary act. Contributions are kept confidential. Any actions implying a donation is required are not permitted. Please report any complaints to a RAC representative within your city or public school campaign. Additionally, your payroll contribution may be cancelled at any time by notifying your payroll office in writing.

## RECOGNITION LEVELS:

Leadership givers will be recognized at the following levels:

 **Tocqueville Society**  
 \$10,000 and above

 **Beacon Society**  
 \$2,500 - \$9,999

 **Navigator Society**  
 \$1,000 - \$2,499

 **Keel Club**  
 \$500 - \$999

## LEADERSHIP SOCIETIES



**TOCQUEVILLE SOCIETY**  
 We are over 200 local leaders who believe when we work together, we can build a stronger community right here in South Hampton Roads. Tocqueville members give a minimum gift of \$10,000 annually with at least \$5,000 directed for the community impact fund.  
[www.unitedwayshr.org/ts](http://www.unitedwayshr.org/ts)



**AFRICAN AMERICAN LEADERSHIP SOCIETY**  
 We are a group of leaders who commit our time, energy, and financial resources to building a stronger community. AALS members give a minimum gift of \$1,000 annually. (Step-up program starts at \$600)  
[www.unitedwayshr.org/aals](http://www.unitedwayshr.org/aals)



**WOMEN UNITED**  
 We are a local network of philanthropic women who contribute both financial resources and physical energy to improve the lives of women and their families. Women United members give a minimum gift of \$1,000 annually.  
[www.unitedwayshr.org/womenunited](http://www.unitedwayshr.org/womenunited)



**YOUNG PHILANTHROPISTS**  
 We are the next generation of community leaders in South Hampton Roads. We are a growing group of over 1,000 members in our 20s, 30s, and 40s who unite like-minded individuals and promote a spirit of philanthropy and volunteerism in our community. YP members have a sliding scale of minimum gifts - \$250 in your 20s | \$500 in your 30s | \$1,000 in your 40s.  
[www.unitedwayshr.org/yp](http://www.unitedwayshr.org/yp)

## THANK YOU FOR MAKING A DIFFERENCE IN OUR COMMUNITY

**United Way and Combined Charities Campaign**  
 2515 Walmer Avenue  
 Norfolk, VA 23513  
 Phone: 757.853.8500  
 Fax: 757.853.3900  
[unitedwayshr.org](http://unitedwayshr.org)

## The United Way Foundation of South Hampton Roads

If you'd like to remember your favorite charity in your will, United Way offers assistance with gift planning. Please contact Kari Vincent at [kvincent@unitedwayshr.org](mailto:kvincent@unitedwayshr.org) or call 757.853.8500 ext. 150.

## About United Way and Combined Charities Campaign Agencies

The Regional Advisory Committee reviews and approves eligible charities to participate in the annual campaign. Each agency is screened for fiscal responsibility and promotion of local health and human services. Combined Charities Campaign expenses (14.91%) are shared proportionately by participating agencies based on their percentage of campaign contributions.

If you would like to receive more specific information about agencies in the campaign, contact United Way of South Hampton Roads by calling (757) 853-8500 x100, writing to 2515 Walmer Avenue, Norfolk, VA 23513-2604 or visiting the UWSHR website at [www.unitedwayshr.org](http://www.unitedwayshr.org).



## United Way of South Hampton Roads Certified Agencies

Agencies listed under United Way of South Hampton Roads are evaluated and certified by UW volunteers on the basis of program results and financial responsibility.

### Ability Center of Virginia:

Supports the needs of individuals with disabilities with an emphasis on inclusion, independence, social skills and positive relationships between people with and without disabilities. Overhead 11% (757-497-7474)

### ACCESS College Foundation:

Provides the path to attend and complete college to students who may not have the opportunity. Overhead 34% (757-962-6113)

### An Achievable Dream

Develops independent, productive citizens through a social, academic and moral education. Overhead 23% (757-599-9472)

### American Cancer Society:

Dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer through research, education, advocacy, and service. Overhead 23% (800-227-2345)

### American Heart Association, Mid-Atlantic Affiliate:

Working to build healthier lives free of cardiovascular diseases and stroke through research, public, patient and professional education, training, advocacy and community services. Overhead 11% (804-747-8334)

### Armed Services YMCA of Hampton Roads:

Strengthening our military family by providing unique programs designed to overcome the challenges associated with military service. Overhead 16% (757-363-1884)

### Beach Health Clinic:

Provides quality medical and dental care to the uninsured residents of Virginia Beach who earn below 200% Federal Poverty Level. Overhead 4% (757-428-5601)

### Boys & Girls Clubs of Southeast Virginia:

Serves youth, especially those who need us most, with targeted programs to achieve academic success, healthy lifestyles, and good character and citizenship. Overhead 36% (757-853-5632)

### Catholic Charities of Eastern Virginia:

Provides compassionate, professional help for all through Health and Community Services, Counseling, Education, Adult and Senior Care, and Financial and Housing Counseling. Overhead 11% (757-456-2366)

### Chesapeake Care Clinic:

Provides medical, specialty, dental care, health education, and prescription medications to low-income, underserved residents. Overhead 12% (757-545-5700)

### Children's Harbor:

Operates four NAEYC accredited and Virginia Quality rated early care and education centers; provides USDA Food Program, professional development, and Infant & Toddler Specialist programs. Overhead 13% (757-397-2981)

### Children's Health Investment Program (CHIP):

Helps parents lay the foundation for their children's future health, academic achievement, and workplace success through programs tailored to meet the needs of individual families. Overhead 14% (757-543-9100)

### Communities In Schools of Hampton Roads:

Working directly inside schools, building relationships that empower students to succeed inside and outside the classroom. Overhead 18% (757-580-7966)

### Edmarc:

Provides family-centered care of children with a catastrophic illness: nursing, emotional support in child's own home, parent and sibling support, volunteers, and bereavement care. Overhead 9% (757-967-9251)

### Eggleston:

Provides life and work opportunities for people with disabilities. Overhead 10% (757-858-8011)

### EQUI-KIDS Therapeutic Riding Program:

Provides therapeutic horseback riding for children and adults with mental, physical, emotional or learning disabilities and military personnel wounded in the line of duty. Overhead 22% (757-721-7350)

### Foodbank of Southeastern Virginia:

Leads the effort to eliminate hunger in our community by distributing millions of meals per year through networks of partner agencies/program sites across Southeastern Virginia. Overhead 6% (757-627-6599)

### ForkKids:

Houses families experiencing homelessness quickly and provides them with the ongoing supports needed to obtain and maintain stable housing and work toward self-sufficiency. Overhead 10% (757-622-6400)

### Friends of the Portsmouth Juvenile Court:

Working to keep Portsmouth children safe and families together. Overhead 8% (757-397-2799)

### Girl Scout Council of the Colonial Coast:

Provides leadership programs helping girls discover, connect and act as they develop strong values, a social conscience, and a deep sense of self and empowerment. Overhead 12% (757-547-4405)

### Girls on the Run Hampton Roads:

Teaching girls concrete strategies for leading joyful, healthy and confident lives through a 12-week, after-school curriculum. Overhead 23% (757-965-9040)

### Habitat for Humanity of South Hampton Roads

Builds affordable homes for low-income families. Overhead 30% (757-690-9025)

### Hampton Roads Community Action Program (HRCAP):

Serves young children, youth, adults, veterans, and seniors in the areas of education, employment, housing, financial empowerment, and emergency services. Overhead 9% (757-247-0379)

### Hampton Roads Community Health Center (HRCCHC):

Charged with health empowerment for all people. Overhead 24% (757-393-6363)

### HER Shelter:

Supplies leadership, advocacy and resources for survivors of domestic violence, sexual assault and human trafficking. Overhead 17% (757-485-1445)

### Hope House Foundation:

Provides services to adults with intellectual and developmental disabilities exclusively in their own homes. Overhead 12% (757-625-6161)

### Horizons Hampton Roads:

Provides academic, cultural and recreational programming to improve academic success for students from low-income families. Overhead 21% (757-412-0249)

### Isle of Wight Christian Outreach Program:

With the Department of Social Services and other non-profits, COP gives hope, help and guidance to the less fortunate through our goods and services programs. Overhead 12% (757-356-9267)

### Jewish Family Service of Tidewater:

Provides home health care and a continuum of social services to individuals and families regardless of race, religion or financial status. Overhead 11% (757-321-2222)

### Judeo Christian Outreach Center:

Provides programs and services to try to make hunger and homelessness rare, brief, and non-recurring in the City of Virginia Beach. Overhead 6% (757-491-2846)

### LEE'S FRIENDS:

Offers free emotional and practical support to cancer patients and their families who are facing the crisis of diagnosis and treatment of cancer. Overhead 28% (757-440-7501)

### Legal Aid Society of Eastern Virginia:

Promotes fairness and justice by providing free legal assistance to low income people in Eastern Virginia. Overhead 15% (757-627-5423)

### LGBT Life Center:

Provides social and support services to the LGBT community & individuals and families impacted by HIV/AIDS. Overhead 10% (757-640-0929)

### Luter Family YMCA:

Offers programs which nurture the healthy development of children, encourage positive behavior in teens, strengthen families, and encourage and promote active older adults. Overhead 15% (757-365-4060)

### Meals on Wheels of Chesapeake:

Provides meals and proper nutrition to home-bound Chesapeake citizens who cannot meet this need on their own. Overhead 14% (757-312-6458)

### Mercy Medical Angels:

Provides transportation to medical care for those in financial need. Overhead 7% (757-318-9174)

### Primeplus:

Offers services, activities, and information addressing the needs of older adults in South Hampton Roads. Overhead 16% (757-625-5857)

### REACH (Reading Enriches All Children):

Provides literacy support to homeless and at-risk children and their families through read aloud programs, book distributions, and literacy initiatives. Overhead 3% (757-627-4722)

### Samaritan House:

Provides our clients a way out of their violent situations by fostering safety and support, and ultimately self-sufficiency. Overhead 24% (757-631-0710)

### SEALKIDS:

Provides targeted and immediate academic interventions to children in the Naval Special Warfare community to ensure academic success. Overhead 16% (704-397-7367)

### Senior Services of Southeastern Virginia:

Develops and provides comprehensive, coordinated programs that assist seniors, their families, and caregivers. Overhead 15% (757-461-9481)

### Seton Youth Shelters:

Provides free shelter, counseling, and outreach services to runaway, homeless and at-risk youth. Overhead 16% (757-963-5795)

### Southside Boys & Girls Club:

Provides a place where youth can be themselves, make friends, discover new possibilities, and participate in a diverse range of innovative out-of-school programs. Overhead 15% (757-545-5963)

### St. Mary's Home:

Provides quality, specialized care in a loving environment to help children and adults with severe disabilities live full and happy lives with dignity. Overhead 13% (757-622-2208)

### Teens with a Purpose:

Empowers young people to use their voice, creativity, reflection and action to transform lives through the arts and peer-led programs and events. Overhead 12% (757-747-2679)

### The Children's Center:

Nurtures children and families with community childcare, early intervention for children with disabilities, and Early Head Start and Head Start for children in poverty. Overhead 10% (757-562-6806)

### The Genieve Shelter:

Provides crisis and support services to victims of domestic violence, sexual assault, stalking, and human trafficking. Overhead 16% (757-925-4365)

### The Planning Council:

Develops human services to improve lives - ending homelessness, supporting the health of children and families, and insuring that research drives change. Overhead 2% (757-622-9268)

### The Salvation Army, Hampton Roads Area Command:

Assists those in the most need within our community by providing intervention services, youth programming, hunger outreach, emergency shelter and residence housing. Overhead 18% (757-543-8100)

### The Salvation Army, Portsmouth:

Provides non-discriminative programs and services to help meet human needs in the Portsmouth Community. Overhead 16% (757-393-2519)

### The Salvation Army, Suffolk:

Provides programs and services to meet the spiritual, physical, and emotional needs of individuals and families in our community. Overhead 7% (757-539-5201)

### The UP Center:

Responds to emergent needs of children and families through programs including mental health counseling, prevention services, housing & financial counseling, mentoring and disability services. Overhead 8% (757-354-3819)

### Tidewater Council, Boy Scouts of America:

Offers neighborhood-based programming opportunities to help Southeastern Hampton Roads youth become responsible, participating citizens and leaders, guided by the Scout Oath and Law. Overhead 17% (757-497-2688)

### United Jewish Federation of Tidewater:

Provides programming for the Jewish and general community including daycare, preschool, recreation, cultural programs, overall health, physical fitness, leadership development and social service activities. Overhead 21% (757-965-6100)

### Urban League of Hampton Roads:

Offers educational, employment, health, counseling, and housing direct services to enable individuals and families to become self-sustaining. Overhead 12% (757-627-0864)

### USO of Hampton Roads and Central Virginia:

Serves military members and their families in Quality of Life Enhancement, Resiliency, Family Outreach, Warrior/ Family Care Support, Families of the Fallen, and Transition Assistance. Overhead 8% (757-337-4447)

### Virginia Beach Community Development Corporation (VBCDC):

Offers affordable housing opportunities and supportive services to low-to-moderate income families/individuals; support services and direct financial assistance to very low-income veterans and veteran families. Overhead 12% (757-463-9516)

### Virginia Legal Aid Society:

Provides free civil legal services to eligible low-income residents in such areas as housing, healthcare, income and benefits, family issues, consumer and education. Overhead 22% (434-528-4722)

### Virginia Supportive Housing:

Provides permanent supportive housing and supportive services for homeless single adults. Of those we serve, 97% do not return to homelessness. Overhead 9% (804-788-6825)

### VOLUNTEER Hampton Roads:

Connects businesses with opportunities to create positive impact; equips nonprofits with resources needed to achieve their mission; mobilizes a community of volunteers to create change. Overhead 19% (757-624-2400)

### Western Tidewater Free Clinic:

Serves as a health home for our patients, delivering comprehensive, compassionate health care, strengthening our community, and healing broken lives one person at a time. Overhead 3% (757-923-1060)

### WHRO:

Improves the civic, educational and cultural life of the Hampton Roads community through broadcast, communications, and media services. Overhead 29% (757-889-9400)

### YMCA of South Hampton Roads:

Serves as an inclusive organization, joined together by a shared commitment of: nurturing the potential of kids, promoting healthy living, fostering social responsibility. Overhead 15% (757-624-9622)

### Young Audiences of Virginia (YAV):

Inspiring and engaging students IN and THROUGH the arts by providing educationally rich hands-on workshops and interactive performances that enhance academic achievement. Overhead 16% (757-466-7555)

### YWCA South Hampton Roads:

Serves on a mission to eliminate racism, empower women, stand up for social justice, help families, and strengthen communities. Overhead 13% (757-625-4248)

## Community Health Charities of Virginia:

Those listed under Community Health Charities of Virginia are an affiliation of charities that collectively campaign together. Building stronger communities and empowering people to take action to improve health and resources. Overhead 5% (800-654-0845)

### ALS Association

Improves quality of life for people living with ALS, commonly known as Lou Gehrig's disease, and their families, by providing free services. Overhead 21% (800-782-4747)

### Alzheimer's Association, Southeastern Virginia Chapter

The leading voluntary health organization in Alzheimer's care and support and the largest private, nonprofit funder of Alzheimer's research. Overhead 24% (757-459-2405)

### American Diabetes Association, Virginia

Committed to finding a cure for diabetes, improving care and providing information and support to help Stop Diabetes® through research, community programs and advocacy. Overhead 8% (757-424-6662)

### American Lung Association in Virginia

Our mission is to save lives by improving lung health and preventing lung disease through programs, research, education and advocacy. Overhead 14% (804-302-5740)

### Angioma Alliance

Our mission is to inform, support and empower individuals affected by cavernous Angioma and drive research for better treatments and a cure. Overhead 20% (757-681-1989)

### Brain Injury Association of Virginia

The mission of BIAV is to be the voice of brain injury through help, hope and healing. Overhead 13% (800-444-6443)

### Children's Hospital of The King's Daughters

Provides a full spectrum of inpatient and outpatient pediatric medical services for children and families throughout southeastern VA, the Eastern Shore and northeastern NC. Overhead 12% (757-668-7070)

### Conexus

Through vision screenings and education, our goal is to eliminate vision problems as barriers to success so every child can reach their fullest potential. Overhead 13% (804-423-2020)

### Epilepsy Foundation of Virginia

This statewide affiliate provides training to Virginia professionals about seizures, patient services such as medication assistance and public education to dispel the myths surrounding epilepsy. Overhead 2% (757-652-6565)

### JDRF International, Hampton Roads Chapter

The leading global organization funding type 1 diabetes (T1D) research. Our mission is to cure, prevent and treat T1D and its complications. Overhead 2% (800-533-2873)

### Leukemia & Lymphoma Society, Virginia Chapter

The mission is to cure, leukemia, lymphoma, Hodgkin's disease and myeloma, and improve the quality of life for patients and their families. Overhead 17% (757-459-4670)

### Mental Health America

Founded in 1909, the nation's leading community-based nonprofit dedicated to helping all Americans achieve wellness by living mentally healthier lives. Overhead 18% (800-969-6642)

### NAMI (National Alliance on Mental Illness)

Volunteers provide support and guidance to persons with mental illness and their families through weekly support groups, newsletters, public education, anti-stigma efforts and research funding. Overhead 18% (757-499-2041)

### National Kidney Foundation, Serving Virginia

We are the largest, most effective and longstanding organization fighting kidney disease, a growing public health problem affecting 1 in 3 Americans and their families. Overhead 17% (804-288-8342)

### Ronald McDonald House Charities of Norfolk

Provides a home away from home for families with children facing medical challenges. Overhead 9% (757-627-5386)

### St. Jude Children's Research Hospital (serving Southern Virginia)

Researches and treats childhood cancer and other life-threatening diseases. Families are never billed by St. Jude for treatment, travel, housing or food. Discoveries freely shared worldwide. Overhead 18% (757-687-1200)

### Susan G. Komen for the Cure, Tidewater Affiliate

Imagine life without breast cancer. We can make it a reality by racing for the cure and funding life-saving research and community health programs. Overhead 15% (757-490-7794)

### The Arc of Virginia

A statewide organization providing advocacy and support for Virginians with intellectual and developmental disabilities and their families. Overhead 19% (804-649-8481)

### Virginia Association of Free & Charitable Clinics

Our mission is to support and advocate for our member clinics so that Virginia's under-served have access to quality care. Overhead 2% (804-340-3434)

### Virginia Hemophilia Foundation

Provides various educational and support services through printed materials, seminars, scholarships, camperships, family emergency assistance, newsletters and annual meetings presenting current bleeding disorder information. Overhead 19% (800-266-8438)